

Just what you need

Aetna One® Essentials care management solution



Better health, better cost management

Aetna One® Essentials offers a cost-effective solution for major health events — with a focus on acute, episodic care and admissions prevention. And our specially trained nurse advocates provide personalized support and guidance to transgender and gender-diverse members.

Data analytics help identify at-risk employees for traditional case management. Plus, Aetna Advice® personalized behavior change campaigns provide targeted messages to members. Our clinical data come from an analysis of social determinants of health, in addition to other clinical impact factors, to help close equity gaps in care — which leads to better health outcomes and lower medical costs.

Three core strengths



Caring

Personalized outreach — Connected data create insights for a more personal touch, giving employees more reasons to engage and take the right health actions. Features nurse case management.



Connected

Digital tools — A simpler, more connected approach delivers a better experience, focusing on whole health. Features the Aetna HealthSM app, text and emails.



Closer to home

Local support — You can reach more employees in more ways, at more times, than ever before. Features MinuteClinic®, and CVS Pharmacy® staff member support.

Aetna One[®] Essentials care management

What's included

- ✓ Care coordination
- ✓ Readmission prevention visits at MinuteClinic[®] locations, or at select CVS Pharmacy[®] locations
- ✓ CVS Pharmacy staff member support
- ✓ Personalized nurse communication
- ✓ 24-Hour Nurse Line*
- ✓ Transgender and gender-diverse advocate
- ✓ Aetna Advice[®] personalized behavior change campaigns (preventive care and treatment)
- ✓ Texting capabilities
- ✓ Aetna Compassionate CareSM program
- ✓ Expanded interdisciplinary care team that is trained in gender diversity, suicide prevention and cultural sensitivity

Need more info about Aetna One Essentials care management? Just ask your Aetna[®] representative.

*While only your doctor can diagnose, prescribe or give medical advice, the 24-Hour Nurse Line can provide information on a variety of health topics.

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Health information programs provide general health information and are not a substitute for diagnosis or treatment by a health care professional.

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